

Helping Hands

El Paso County Community Resources

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Food

Black Forest Lutheran Church (80908)	495-2221
REACH Pikes Peak (Fountain office).....	382-8515
Weber office	358-8396
Catholic Charities Community Outreach (food boxes)	866-6550
Catholic Charities Marian House Soup Kitchen (Hot daily meals).....	475-7314
Crossfire Ministries.....	447-1806
Deerfield Hills Community Center	385-5996
Divine Redeemer Catholic Church (80907, 09, 10, 15, 16, 17).....	633-5559
Eastborough Food Pantry (80903, 07, 09, 10, 15, 17, 18).....	596-1929
Eastern Plains Community Pantry.....	347-3062
Ellicott Helping Hands (Rush, Peyton, Yoder, Ramah) ...	683-3240
Fountain Valley (Salvation Army).....	382-1182
Fresh Start Center (Falcon, Peyton areas).....	495-3123
Good News Foundation	638-8985
Good Shepherd United Meth. Church	392-5782
Holy Cross Lutheran Church (80909, 15, 16)	596-0661
Manna Ministries	635-1057
Marian House Soup Kitchen	475-7314
Meadows Park Community Center.....	385-7940
Mercy's Gate.....	277-7470
Mountain View Presbyterian Church.....	632-9664
REACH Pikes Peak (Fountain Office).....	382-8515
Rural Area Meals Program (RAMP).....	520-6471
Salvation Army	636-3891
Salvation Army Fountain Valley.....	382-1182
Seventh Day Adventist Comm. Center	578-5616
Silver Key Senior Services	884-2300
Springs Rescue Mission.....	632-1822
St. Dominic Catholic Church.....	392-7653
St. John's Food Pantry	633-7017
St. Patrick's Catholic Church.....	598-3595

Food

Tri-Lakes Cares (Tri-Lakes area and District 38)	481-4864
Trinity United Methodist Church.....	633-9295
True Spirit Baptist Church	575-9287
Westside CARES	389-0759
W.I.C. Program, El Paso County Health.....	578-3199

Legal Information and Advice

Catholic Charities Hanifen Center @ Marian House.....	477-9365
Catholic Charities (Legal Immigration Counseling).....	866-6515
Child Support Services (Young Williams).....	457-6331
Colorado Child Protection Ombudsman.....	720-625-8640
Colorado Cross-Disability Coalition.....	303-869-1775
Colorado Legal Services	471-0380
Disability Law Colorado	1-800-288-1376
El Paso Cty. Bar Assoc. Lawyer Referral Service	636-1532
Family Court Facilitators.....	452-5104
Mercy's Gate.....	277-7470
Neighborhood Justice Center.....	520-6016
Pikes Peak Pro Bono Project.....	473-6212
Pro Se Self-Help Center.....	452-5000
Public Defenders Office	475-1235
TESSA (Domestic Violence).....	633-1462
The Arc (Dev. Disabled)	471-4800

Medical

Ascending to Health (Respite Care).....	633-2800
Aspen Pointe (Mental Health)	572-6100
AIDS/Info. Southern Colo. AIDS Project.....	578-9092
Catholic Charities Hanifen Center @ Marian House.....	475-7314
Colorado Community Health Alliance.....	598-1540
Colorado Springs Pregnancy Center.....	591-2724
Community Dental Health.....	310-3315
DNA Testing	457-6331
Dream Center (Women's Clinic).....	388-1594
El Paso County Public Health.....	578-3199

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Child Care Information

Colorado Child Care Assistance Program (to apply).....	444-8178
CPCD <i>giving children a head start</i>	635-1536
Pikes Peak Region Family Child Care Assn.	475-8828
Child Care Resource and Referral (Colorado Shines).....	1-877-338-2273

Clothing and Infant Supplies

Catholic Charities - Family Connections @ Helen Hunt Campus (Kids).....	578-1222
Crossfire Ministries.....	447-1806
Drive Smart (car seat safety).....	444-7534
Eastern El Paso Comm. Center (Eastern El Paso Cty)	347-2976
Goodwill Stores, 2304 W. Colorado Ave.	633-8794
S. Circle, East of I-25.....	635-1215
6725 Camden Blvd. Fountain	392-5744
2655 Waynoka Place	570-9223
1070 Kelly Johnson Blvd.	531-9173
4158 Austin Bluffs Parkway	266-8155
Mercy's Gate.....	277-7470
REACH Pikes Peak Calhan office.....	347-2976
Fountain office.....	382-8515
Salvation Army (no vouchers)	636-3891
Seventh Day Adventist Comm. Center	634-1682
Springs Rescue Mission.....	632-1822

Crisis Centers

Aspen Pointe (Lighthouse - Crisis danger to self) ...	844-493-8255
Cedar Springs Hospital.....	633-4114
Domestic Violence (TESSA) (24 hrs.).....	633-3819
Detox Center	390-2046 or 2047
Emergency.....	911
Sexual Assault (TESSA)	633-3819

Emergency Services

Adult Protective Services (Hotline).....	444-5755
Aspen Pointe (mental health crisis).....	844-493-8255
Catholic Charities Marian House (Adult Individuals)....	477-9365
Catholic Charities Family Connections @ Helen Hunt Campus (Families).....	578-1222
Child Abuse Program (24 hour Hotline).....	444-5700
Colorado Springs Police Dept.....	444-7000
C.S.P.D. (Victim Advocacy)	444-7777
C.S.P.D. (Homeless Outreach Team)	444-7666
Colorado State Patrol	635-0385
Dept. of Human Services	636-0000
Haseya Advocate Program.....	600-3939
KPC Respite Center	634-5439
Planned Parenthood	475-7162
Sheriff's Department.....	390-5555
Silver Key Senior Services	884-2300

Employment and Training

Colo. Div. of Vocational Rehabilitation	635-3585
Goodwill Career Development Program.....	444-5000
Catholic Charities English as a Second Language.....	866-6516
Catholic Charities Hanifen Employment Center @ Marian House....	477-9365
Pikes Peak Workforce Center.....	667-3700
Senior Community Serv. Employment Program (AARP)..	635-3579
Urban League	634-1525
Women's Resource Agency	471-3170

Financial Assistance

Catholic Charities Hanifen Center @ Marian House.....	477-9365
Mercy's Gate.....	277-7470
REACH Pikes Peak (Fountain office).....	382-8515
Weber office	358-8396
Calhan office	347-2976
Silver Key Senior Services	884-2300
The Resource Exchange.....	380-1100
Tri-Lakes Cares (Tri-Lakes area and District 38)	481-4864
Westside CARES.....	389-0759

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Medical

Health Colorado (Medicaid & CHP+)	1-800-221-3943
Homeless Clinic	471-2789
Peak Vista Community Health Centers	632-5700
Memorial Hospital Health Link	444-2273
Medicaid Information	1-800-221-3943
Memorial Hospital	365-5000
Mission Medical (Low Income)	219-3402
National Alliance on Mental Illness	473-8477
Open Bible	475-0972
PPACG Area Agency on Aging (Senior Insurance Counseling)	635-4891
Peak Vista	632-5700
Peak Vista Dental Health Center	475-0783
Peak Vista (Homeless Clinic)	471-2789
Penrose - St. Francis Hospital	776-5000
Planned Parenthood, 3480 Centennial Blvd	475-7162
Rocky Mountain Health Care	457-0660
SET Family Medical Clinics	776-8850
Southern Colorado AIDS Projects	578-9092
Tri-Lakes Cares	481-4864
Westside CARES	389-0759

Misc. Counseling

Aspen Pointe (mental health)	572-6100
Catholic Charities Life Connections Pathways to Healing Individual, Family, Couples	866-6535
Catholic Charities Adoption & Pregnancy Counseling	866-6535
Center on Fathering	634-7797
Colorado Springs Pregnancy Center	591-2724
Westside	623-2870
Community Outreach Center	347-7638
Consumer Credit Counseling Services	576-0909
Domestic Violence (TESSA)	633-1462
El Paso County Public Health	578-3199
Genetic Counseling (Memorial Hospital)	365-5960
Harbor House Clinic	473-5557
Independence Center (Disabled)	471-8181

Misc. Counseling

Life Support Center (pregnancy)	578-1222
Lutheran Family Services (Pregnancy, Parenting & Adoption Services)	227-7571
Neighborhood Justice Center	520-6021
Phoenix Multisport (drug and alcohol)	434-3387
Silver Key Senior Services	884-2300
Vocational Rehabilitation (Disabled)	635-3585

Senior Services

Catholic Charities Community Outreach (Senior food boxes)	866-6550
PACE (Program of All-Inclusive Care for the Elderly)	314-2327
PPACG- Area Agency on Aging (AAA)	471-2096
AAA Senior Information and Assistance	471-2096
AAA Senior Insurance Assistance	635-4891
AAA Family Caregiver Support Center	886-7526
AAA Ombudsman Program (Advocates for Long term Care Facility residents)	471-2096
Salvation Army Senior Center (Meals & activities)	636-3891
Senior Community Serv. Employment Program (AARP)	635-3579
Silvercrest (Low income senior housing)	389-0329
Silver Key Senior Services	884-2300
211 PPUW – information resource	211 or
From your cell phone	955-0742

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Shelter/Housing

Colo. Coalition for the Homeless.....	303-293-2217
Crawford House (Veterans).....	477-1639
Dream Centers, Mary's Home	301-5411
Dale House Project (Youth).....	471-0642
Family Life Services (Single mothers)	Referrals only
Family Promise (Short term transitional housing for families).....	329-1244
Gospel Homes for Women (Christian Home for Women).....	291-3406
Greccio Housing	475-1422
Harbor House Residential (Sober living).....	473-5557
Housing Authority.....	387-6700
Housing Authority (Fountain).....	382-5639
Housing First.....	375-8794
Ithaka.....	578-1629
Mary's Home (Homeless single moms).....	301-5411
Partners in Housing.....	473-8890
Salvation Army RJ Montgomery Center (Shelter).....	578-9190
Salvation Army (Transitional housing)	635-1287
Springs Rescue Mission.....	632-1822
The Place (formerly Urban Peak (Youth ages 15-20)) Daytime number.....	630-3223
After hours number	205-7129

Transportation

Amblicab Para Transit (Disabled).....	633-4677
Calhan Senior Services (Seniors).....	347-2221
Fountain Valley Senior Center (Seniors)	520-6472
Mountain Metro Mobility (Disabled)	392-2396
Silver Key Para Transit (Seniors)	884-2380

Veterans Services

Rocky Mountain Human Services	855-VETS-HAV
Veterans Administration.....	327-5660

Weatherization and Utilities

Catholic Charities (Hanifen Center @ Marian House)	475-7314
Colorado Telephone Assistance Program	1-800-782-0721
Community Outreach Center.....	347-7638
Energy Resource Center	591-0772
Fountain Valley.....	382-1182
Holy Cross Lutheran Church (80909, 15, 16)	596-0661
LEAP	442-0007
Mercy's Gate.....	277-7470
Project COPE.....	448-4800
REACH Pikes Peak (Fountain office).....	382-8515
Red Cross.....	632-3563
Salvation Army	382-1182
Silver Key Senior Services	884-2300
Tri-Lakes Cares (Tri-Lakes area and District 38)	481-4864
Westside CARES.....	389-0759